# Homemakers F&CS



Martin-Gatton
College of Agriculture,
Food and Environment
University of Kentucky.

Gallatin County 395 US Hwy 42 West PO Box 805 Warsaw, KY 41095 (859) 567-5481 Fax: (859) 567-5432

Family & Consumer Sciences - Extension Homemaker Newsletter

MAY 2025

## **Reflections from Ronda**



Happy Spring All!
The Gallatin County Homemakers are gearing up for the Peony
Festival 5K Fun Run/Walk. See enclosed flyer for details about this event. All proceeds will go toward the Mayme Walters

Homemaker Scholarship fund.

The KEHA State Meeting will be held in Lexington this year at the Hyatt. Five Homemakers and I are attending and representing us at the conference. And, we have 14 Area Cultural Arts blue ribbon projects that will be competing at the state level.

This year, the Extension Office is conducting Extension Nights at the Gallatin County Fair. 4-H, Agriculture, Family & Consumer Sciences, and Homemakers are teaming up to hold fun kid/family events and activities each night at the Fair Exhibit Hall. A flyer of all the activities is enclosed in this newsletter. Come out and join us for all the fun!

Also remember, Fair Open Class Exhibits will be accepted on June 11<sup>th</sup> from 9:00 a.m.--12:00 p.m. with judging beginning at 1:00 p.m. Volunteers are needed to help enter the entries. Call our office at (859) 567-5481 if you are interested in helping.

Until next month, Be Healthy, Happy and Safe!

County Extension Agent for Family & Consumer Sciences

## **Important Dates To Remember!**

May 3—Derby Day

May 6-8 KEHA State Meeting—Lexington, KY

May 13—Fun Time Quilters—9:00am-4:00pm—will meet at the Extension Office

May 11—Happy Mothers Day



May 13—Back to Basics Homemakers—6:00pm—will meet at the Extension Office

May 13—Napoleon Homemakers—6:00pm—will meet at Zalla Lodge

May 14—10:30am—The Cross County Homemakers—will meet at the Extension Office

May 17—Peony Festival and Peony 5K—see enclosed flyer and insert



May 26—Memorial Day—The Extension Office will be closed

Looking Ahead...

Gallatin County Fair—June 7th—14th

\*Open Class Exhibits Check-in on June 11th 9:00am-12:00pm Judging—1:oopm

Ice Cream Social – August 18th at 7:00pm

## Cooperative Extension Service

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Agriculture and Natural Resources Family and Consumer Sciences 4-H Youth Development Community and Economic Development MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

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Lexington, KY 40506

## **Monthly Organization Tip**

Paper clutter seems to grow overnight. Mail often includes ads, catalogs, bills, and letters of various kinds. Children add papers and projects from school. Newspapers and magazines pile up while waiting to be read. Take control over paper clutter. When you bring in the mail or when your children bring newsletters or notices home from school and club meetings, look at the items quickly. If you don't have time to

read them carefully at the time, don't put them in a pile, but place them in a folder or basket to read later that day or the next. Keep them moving along.



## **2025 Homemaker Council Dates**

July 14, 2025 at 11:30 a.m. October 13, 2025 at 11:30 a.m.

All meetings will be held at the Gallatin County Extension Office

## Homemaker Happenings



The Fun Time Quilting Club enjoyed their annual trip to Berlin, Ohio for a week of fellowship, shopping and lots of quilting!



## **Cooking Through the Calendar**

**May: Banana Pancakes** 

Optional Topping:

Nonfat light vanilla yogurt

Peanut butter

Sliced bananas

## Ingredients:

2 large very ripe bananas 1 cup low-fat milk

2 Tbsp. packed light brown sugar

1 1/2 Tbsp. vanilla extract

Cinnamon

1 1/4 cups all-purpose flour

2 tsp. baking powder

1/4 tsp. salt

2 tsp. ground cinnamon

1/4 cup chopped pecans or walnuts (optional)

Nonstick cooking spray

## **Directions:**

- Wash hands with warm water and soap, scrubbing for at least 20 seconds.
- Pre-heat a skillet or griddle on the stove over medium-low heat.
- In a medium bowl, mash the very ripe bananas using a fork or masher. Stir in the milk, brown sugar and vanilla extract. Mix until combined.
- Add the flour, baking powder, salt and cinnamon. Mix just until the batter is moistened with no dry spots remaining. Batter will be lumpy. Fold in nuts if using.
- Spray the heated skillet or griddle with nonstick cooking spray.
   Drop about 1/4 cup of the batter into sections of the pan and spread out each into a 4-inch round.
- 6. Cook pancakes until bubbles form on top and the edges start to brown. Flip and continue cooking until the bottoms of the pancakes are golden brown and easily release from the pan, about 3-4 minutes more.
- Transfer the pancakes to a warm plate. Repeat cooking the remaining batter.
- 8. To serve, stack 2 pancakes on a plate and top with desired toppings. Serve immediately.
- 9. Refrigerate leftovers within 2 hours.

Makes 8 servings

Serving Size: 2 pancakes Cost per recipe: \$9.03 Cost per serving: \$1.13

Nutrition facts per serving: 140 calories; 0.5g total fat; 0g saturated fat; 0g trans fat; 0mg cholesterol; 85mg sodium; 29g total carbohydrate; 2g dietary fiber; 9g total sugars; 4g added sugars; 3g protein; 0% Daily Value of vitamin D; 15% Daily Value of calcium; 6% Daily Value of iron; 4% Daily Value of potassium

Source: Brooke Jenkins, Extension Specialist for Curriculum, and Bethany Pratt, Extension Specialist for Food Systems, University of Kentucky Cooperative Extension



## **Spring Cleaning for Your Mental Health**

Ever feel like your home is practically shouting at you to tidy up? You're not alone! With busy schedules and endless to-do lists, it's easy for clutter to pile up—along with your stress levels. While spring cleaning might seem like just another chore, it can actually work wonders for your mental health. A fresh, organized home doesn't just look good; it helps you feel better, too.

Believe it or not, clutter can contribute to feelings of anxiety, overwhelm and even depression. When you're surrounded by mess and disorganization, it's a constant reminder of everything you still need to do. On the flip side, an orderly space can foster mental clarity, reduce stress and give you a sense of calm. If you're ready to spruce up your home—and your mind—here are some practical strategies:

Prioritize tasks: Start small instead of throwing yourself into a massive cleaning frenzy. Pick one manageable job—like decluttering a drawer or organizing a single shelf—and go from there. Success with smaller tasks can motivate you to tackle bigger ones later on.

Focus on one room at a time: It's easy to get stuck rushing from one part of the house to another, only to realize you've created more chaos. Concentrate on one area until it's done. Checking off each room provides a sweet sense of accomplishment.

Use a timer: Got a big job ahead, like sorting through an entire closet? Break it down. Set a timer for 20 or 30 minutes and work until it goes off. This keeps you focused, helps prevent procrastination, and makes large tasks feel more approachable.

Spread out the cleaning: Unless you thrive on marathon cleaning sessions, don't try to do everything at once. For most of us, it's easier on both mind and body to spread tasks over several days or weeks. This way, you won't burn out before you're done.



Ask for help: Do you have more on your plate than you can handle alone? Call in reinforcements! Friends, family, or even roommates can make big projects more manageable. Plus, it can actually be fun when you're working together. Crank up the music, chat and turn it into a social event.

Mindful cleaning: As you dust or scrub, pay attention to the sensations in your body. Feel your muscles working, notice the scents around you and focus on the moment. This kind of mindfulness can reduce stress and help you relax.

Celebrate your progress: Give yourself a pat on the back or even a small reward each time you complete a task. Recognizing your achievements keeps you motivated and encourages a positive outlook.

Remember, the goal of spring cleaning isn't just a squeaky-clean home, it's also about giving your mental health a little TLC. By chipping away at clutter, focusing on one task at a time, and inviting mindfulness into your routine, you can turn spring cleaning into a surprisingly refreshing and stress-relieving experience.

Contact the Gallatin County Extension office for more information on how to spring cleaning your house.

Source: Natese Dockery, Clinical Assistant Professor and Extension Specialist for Mental Health and Well-being



Free Horse & Carriage Rides Vendors



FACE PANTING

Gardening Workshops

Cornhole Tournament Peony Plants

For more information, a schedule of events, or vendor booth inquiries please call the Mary Jane Day at (859) 643-3118





## Cooperative Extension Service 2025 **GALLATIN COUNTY FAIR EXTENSION EVENTS**

Come enter your fair exhibits and join us for some hands-on activities & meet Wally Wildcat

Location: Gallatin County Extension Building Glencoe, KY

**WEDNESDAY, JUNE 11TH** 

EXHIBIT DROP OFF 9AM-NOON

\*4-H, FFA, & Open Class Exhibits\*

HOMEMAKER NIGHT 5PM-9PM

**Rock Painting Balloons Kid Friendly Quilt Blocks** 

**THURSDAY, JUNE 12TH** 

4-HNIGHT 5PM-9PM

Spin Art Balloons

Sand Art Rock Painting

**FRIDAY, JUNE 13TH** 

AGRICULTURENIGHT 5PM-9PM

Flowering Container Gardens

\*\*Drawings throughout the night\*\*

EXHIBIT PICK UP 7PM-9PM

\*4-H, FFA, & Open Class Exhibits\*

For Questions, call (859) 567-5481

Cooperative **Extension Service** 

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT







Thursdays, 4:00 to 7:00 PM, beginning on May 29th.

Located at the Gallatin County Public Library adjacent to the Old Warsaw Cemetery.

To become a market vendor, contact the Gallatin County Public Library at (859) 567-2786, or the Gallatin County Extension Service at (859) 567-5481.

# Volunteer Service Unit (VSU) Log (copy as needed)

| Name:   | Address:               |           |                   |                                        |          |
|---------|------------------------|-----------|-------------------|----------------------------------------|----------|
| County: | Phone:                 | Email;    |                   |                                        |          |
|         |                        | 1 £       | urs (report in ap | Hours (report in appropriate category) | 5        |
| Date    | Activity/Job Performed | Extension | КЕНА              | Community                              | Personal |
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|         |                        |           |                   |                                        |          |
|         | TOTALS                 |           |                   |                                        |          |

by KEHA members. Community = Service to other entities/organizations in the community (not Extension or KEHA projects). Personal = Unpaid service to Categories: Extension = Volunteer service for projects or programs directed by an Extension Agent. KEHA = Volunteer hours for projects initiated and led Appendix 18 June 2023 within the past KEHA year (July 1 – June 30). Logs are due to the county Leadership Chairman or designated contact by July 1. family, friends, and neighbors. See KEHA Handbook pages 89-90 for complete category descriptions. Report all hours earned

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Cooperative Extension Service
University of Kentucky
Gallatin County
395 US Highway 42 West
PO Box 805
Warsaw, KY 41095-0805

# PEON Spring Festival And May 17, 2025 Fun 5 R run/walk



| Name                                                                                                                                                                                                                                                                                                             | 91                                                                                                   | Phone                                                                                         |                                                                                                                          |                                                                                              |                                                                                                     |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------|
| Address                                                                                                                                                                                                                                                                                                          |                                                                                                      | City                                                                                          | VIS                                                                                                                      | State                                                                                        | Zip                                                                                                 |
| E-mail                                                                                                                                                                                                                                                                                                           |                                                                                                      | Ag                                                                                            | e on Race Day                                                                                                            | Пм                                                                                           | lale                                                                                                |
| NOTE: Race will begin at the Warsaw City Riverfr and lightning). If weather is questionable on race                                                                                                                                                                                                              | ont Park at 9am. Regi<br>day, visit our Faceboo                                                      | istration is from 8:30                                                                        | <b>)-9am.</b> Races may be car                                                                                           | ncelled due to inclen                                                                        | · ·                                                                                                 |
| Registration                                                                                                                                                                                                                                                                                                     |                                                                                                      |                                                                                               | A.                                                                                                                       |                                                                                              |                                                                                                     |
| \$15.00-                                                                                                                                                                                                                                                                                                         | –5k Run/Walk                                                                                         |                                                                                               |                                                                                                                          | —S <mark>ame Day F</mark><br>available while s                                               | _                                                                                                   |
| Please circle T-Shirt Size                                                                                                                                                                                                                                                                                       | Age Division                                                                                         |                                                                                               |                                                                                                                          |                                                                                              |                                                                                                     |
| YS YM YL AS AM AL AXL A2XL                                                                                                                                                                                                                                                                                       | 0-10                                                                                                 | 11-14                                                                                         | 15-19                                                                                                                    | 20-29                                                                                        | 30-39                                                                                               |
| I do NOT want a T-Shirt                                                                                                                                                                                                                                                                                          | 40-49                                                                                                | 50-59                                                                                         | 60-64                                                                                                                    | G5- 69                                                                                       | 70+                                                                                                 |
|                                                                                                                                                                                                                                                                                                                  | Relea                                                                                                | ase of Responsib                                                                              | ility                                                                                                                    |                                                                                              |                                                                                                     |
| Runners must be careful to register and run under intending to be legally bound, hereby for myself, nd damages I may accrue against the Gallatin County promoting and/or staging the race for any and all i walk competition on the dates listed above. I furth photographs of me shot during the Peony 5K run/v | ny heirs, my executors<br>Homemakers or Gallat<br>njuries suffered by me<br>er state that I am in pi | and administrators,<br>tin County Extension<br>while traveling to a<br>proper physical condit | do waive and release for<br>Service, their agencies,<br>and from and while particion to particion to participate in this | rever, any and all rig<br>and the employees<br>cipating in the Peony<br>event. I release pub | ghts and claims for<br>and agents involved with<br>a Spring Festival 5K run/<br>olication rights to |
| Name (print)                                                                                                                                                                                                                                                                                                     |                                                                                                      | <u>/</u>                                                                                      | Ма                                                                                                                       | ke Checks Payal                                                                              | ble to:                                                                                             |
|                                                                                                                                                                                                                                                                                                                  |                                                                                                      |                                                                                               | Gallatin Co                                                                                                              | unty Extension I                                                                             | Homemakers                                                                                          |
| Signature                                                                                                                                                                                                                                                                                                        |                                                                                                      |                                                                                               |                                                                                                                          | Mail to:                                                                                     |                                                                                                     |
| Data                                                                                                                                                                                                                                                                                                             |                                                                                                      |                                                                                               | Gallati                                                                                                                  | n County Extensi<br>Attn: 5K run/wa                                                          |                                                                                                     |
| Date                                                                                                                                                                                                                                                                                                             |                                                                                                      |                                                                                               |                                                                                                                          | PO Box 805                                                                                   | IIK                                                                                                 |
| Signature of Parent/Guardian (if under 1                                                                                                                                                                                                                                                                         | .8)                                                                                                  |                                                                                               | Wa                                                                                                                       | rsaw, KY 41095                                                                               | -0805                                                                                               |
|                                                                                                                                                                                                                                                                                                                  |                                                                                                      |                                                                                               | Mail-in entrie                                                                                                           | s must be postm                                                                              | narked at least 2                                                                                   |
|                                                                                                                                                                                                                                                                                                                  |                                                                                                      |                                                                                               | weeks prio                                                                                                               | r to event date -                                                                            | May 2, 2025.                                                                                        |

ALL PROCEEDS GOES TOWARD THE MAYME WALTERS HOMEMAKER SCHOLARSHIP FUND

## 2025 Gallatin County Showcase OPEN CLASS GENERAL EXHIBIT RULES

- 1. All General Rules and Regulations apply to all departments.
- 2. Any person may enter fair exhibits.
- 3. No entry fee will be charged.
- 4. Only ONE ENTRY PER CLASS PER EXHIBITOR. No limit to the number of classes or departments in which the exhibitor enters.
- 5. No class changes will be allowed. Items not suitable for listed classes will be accepted for DISPLAY ONLY.
- 6. No entries by professionals will be accepted unless class is so specified.

Professional - anyone who sells or who has received payments for that type of item on a regular basis.

Amateur - anyone who has never received payment for/or sold that type of item.

- 7. All entries must be entered under the name of the person who made/grew the item.
- 8. Entries must have been made within the past two (2) years and never previously exhibited.
- 9. If an entry does not warrant a premium, one will not be awarded.
- 10. Champion and Grand Champion Awards are at the discretion of the judges.
- 11. Decisions of the judges are final.
- RECEIVING ENTRIES: All open exhibit entries will be received on Wednesday, June 11, 2025, between 9:00 a.m. and 12 noon at the Gallatin County Fairgrounds.
- The Exhibit Building will be open to the public June 11<sup>th</sup>, 12<sup>th</sup>, 13<sup>th</sup>, & 14<sup>th</sup>, 2025 from 5:00 p.m. 9:00 p.m. If you have entries of great monetary value, please use judgement in leaving them on display. \*Items will not be under surveillance at all times\*
- RELEASING ENTRIES: Friday, June 14, 2025, between 7:00 p.m. and 9:00 p.m.
- PREMIUMS: Blue Ribbon \$3, Red Ribbon \$1, Department Grand Champion \$5, Overall Grand Champion- \$10

\*\*Premiums will be mailed at a later date- please provide a current mailing address and phone number when entering your items\*\*

## **ART DEPARTMENT**

All Open Class General Exhibit Rules apply.

 All artwork must be original, whether a reproduction or original design. Work traced from an original is not acceptable. <u>Please</u> note on the back of work whether work is original or a reproduction from a kit. Artwork should be framed or matted and equipped with hangers.
 (This is for protection of the artwork and display purposes; frames will not be a criteria for judging.)

JUDGED ON: Artistic Expression, Presentation, Pattern & Harmony of Color, & Interpretation

| AMA | TEUR CLASSES                | 18. | Oil, floral                   | PROFESSIONAL CLASSES                   | 51. | Oil, floral                   |
|-----|-----------------------------|-----|-------------------------------|----------------------------------------|-----|-------------------------------|
| 1.  | Acrylic, landscape          | 19. | Oil, other not listed         | 34. Acrylic, landscape                 | 52. | Oil, other not listed         |
| 2.  | Acrylic, modern or abstract | 20. | Pen                           | 35. Acrylic, modern or abstract        | 53. | Pen                           |
| 3.  | Acrylic, people             | 21. | Pencil                        | 36. Acrylic, people                    | 54. | Pencil                        |
| 4.  | Acrylic, seascape           | 22. | Watercolor, scenic            | <ol><li>Acrylic, seascape</li></ol>    | 55. | Watercolor, scenic            |
| 5.  | Acrylic, still life         | 23. | Watercolor - human interest   | 38. Acrylic, still life                | 56. | Watercolor - human interest   |
| 6.  | Acrylic, nature             | 24. | Watercolor – animals          | 39. Acrylic, nature                    | 57. | Watercolor – animals          |
| 7.  | Acrylic, floral             | 25. | Watercolor – people           | 40. Acrylic, floral                    | 58. | Watercolor – people           |
| 8.  | Acrylic, other not listed   | 26. | Watercolor – nature           | 41. Acrylic, other not listed          | 59. | Watercolor – nature           |
| 9.  | Chalk or Charcoal           | 27. | Watercolor – floral           | 42. Chalk or Charcoal                  | 60. | Watercolor – floral           |
| 10. | Character or Cartoon        | 28. | Watercolor - other not listed | <ol><li>Character or Cartoon</li></ol> | 61. | Watercolor - other not listed |
| 11. | Collage, any medium         | 29. | Pottery, handmade             | 44. Collage, any medium                | 62. | Pottery, handmade             |
| 12. | Oil, landscape              | 30. | Sculpture, any medium         | 45. Oil, landscape                     | 63. | Sculpture, any medium         |
| 13. | Oil, modern or abstract     | 31. | Metal                         | 46. Oil, modern or abstract            | 64. | Metal                         |
| 14. | Oil, people                 | 32. | Woodcarving                   | 47. Oil, people                        | 65. | Woodcarving                   |
| 15. | Oil, seascape               | 33. | Turned Wood item              | 48. Oil, seascape                      | 66. | Turned Wood item              |
| 16. | Oil, still life             |     |                               | 49. Oil, still life                    |     |                               |
| 17. | Oil, nature                 |     |                               | 50. Oil, nature                        |     |                               |

## PHOTOGRAPHY DEPARTMENT

All Open Class General Exhibit Rules apply.

JUDGED ON / RULES: Subject, Interpretation, Subject Selection, & Overall/Focus/Depth

| AMATEUR PHOTOGRAPHY |                | AMATEUR PHOTOGRAPHY |                | PROFESSIONAL |                | PROFESSIONAL COLOR |                |
|---------------------|----------------|---------------------|----------------|--------------|----------------|--------------------|----------------|
| BLACK               | AND WHITE      | COLOR               |                | BLACK        | AND WHITE      | 22.                | Scenic         |
| 1.                  | Scenic         | 8.                  | Scenic         | 15.          | Scenic         | 23.                | Human Interest |
| 2.                  | Human Interest | 9.                  | Human Interest | 16.          | Human Interest | 24.                | Animals        |
| 3.                  | Animals        | 10.                 | Animals        | 17.          | Animals        | 25.                | People         |
| 4.                  | People         | 11.                 | People         | 18.          | People         | 26.                | Nature         |
| 5.                  | Nature         | 12.                 | Nature         | 19.          | Nature         | 27.                | Floral         |
| 6.                  | Floral         | 13.                 | Floral         | 20.          | Floral         | 28.                | Other          |
| 7.                  | Other          | 14.                 | Other          | 21.          | Other          |                    |                |

## HORTICULTURE DEPARTMENT

All Open Class General Exhibit Rules apply.

• All entries will be displayed on paper plates. Paper plates will be provided.

- Entries will NOT be returned.
- Entries must be specified amount/number or will be disqualified.
- Entries must be ripe or nearly ripe not immature. (Immature items will be disqualified.)

JUDGED ON: Uniformity, Shape, Size, & Product Quality/Ripeness/Color

## **VEGETABLE CLASSES:**

| 1. | Asparagus, any variety, 6 |
|----|---------------------------|
|    | spears                    |
| 2. | Beans Green, Bush, 6      |
| 3. | Beans Green, Pole, 6      |
|    |                           |

- Beans, Lima Bush, 1/4 cup Beans, Lima Pole, 1/4 cup 5.
- Beets, 6 topped 6.
- Broccoli, any variety, 3 7. heads
- 8. Brussel Sprouts, 6
- Cabbage, Drumhead, 1 9.
- 10. Cabbage, Flathead, 1 11. Cabbage, any other variety,
- 12. Carrots, bunch of 4

- 13. Corn, sweet white, 3 ears
- 14. Corn, sweet yellow, 3 ears 15. Cucumbers, for slicing, 3
- 16. Cucumbers, pickling, 3
- 17. Herbs, 1 bunch- same variety
- Kale, other Greens, bunch 18.
- 19. Lettuce, Bibb, bunch
- 20. Lettuce, Head, 1
- Lettuce, Leaf, 1 bunch 21. 22. Onions, yellow, plate of 3
- 23. Onions, white, plate of 3
- 24. Onions, other variety, plate 3 25. Okra, any variety, 1/4 cup
- 26. Peas, edible pods, 1/4 cup

- 27. Peas, green, shelled, 1/4 cup Peppers, green, plate of 2
- 29. Peppers, hot, small, 3
- 30. Peppers, any other variety, 6
- 31. Potatoes, red, plate of 3 Potatoes, white, plate of 3
- 33. Potatoes, any other variety,
- Pumpkin, 1 whole 34
- Radishes, red, plate of 3
- 36. Radishes, white, plate of 3
- Rhubarb, green variety, 1 bunch of 4
- 38. Rhubarb, red variety, 1 bunch of 4

- 39. Spinach, 1 bunch
- Squash, summer yellow, 1 40
- Squash, Zucchini, 1 41.
- Squash, other, 1 42.
- Squash, any other variety, 1 43.
- Tomatoes, red, plate of 3 44.
- Tomatoes, yellow, plate of 3 45.
- Tomatoes, green, plate of 3
- 47. Tomatoes, cherry or grape
- Tomatoes, any other variety, plate of 3
- 49. Turnips, 3 topped
- 50. Other vegetable not listed

## **FRUITS**

JUDGED ON: Condition- freedom from marks of insects, diseases, & other blemishes. Uniformity- of size, shape, & color as to its variety

## **FRUITS CLASSES:**

- 51. Apples, any variety, plate of 3 52. Blackberries, any variety, 1/4 cup 53. Blueberries, any variety, ¼ cup
- 54. Cherries, any variety, 1/4 cup
- 55. Grapes, any variety, 1 bunch
- 56. Peaches, any variety, plate of 3
- 57. Plums, plate of 3
- 58. Raspberries, any variety, 1/4 cup
- 59. Strawberries, any variety, 1/4 cup
- 60. Other fruit not listed

## **FIELD CROPS**

JUDGED ON: Uniformity, Shape, Color, & Quality

## **FIELD CROP CLASSES:**

- 61. Corn, yellow (old) 5 ears
- 62. Corn yellow (new) 5 ears 63. Popcorn, red, 5 ears
- 64. Popcorn, yellow, 5 ears
- 65. Popcorn, white, 5 ears
- 66. Field Seed, Oats, 1 quart

- 67. Field Seed, Rye, 1 quart
- 68. Field Seed, Wheat, 1 quart
- 69. Field Seed, Barley, 1 quart
- 70. Field Seed, Milo, 1 quart 71. Field Seed, Shelled Corn, 1 quart
- 72. Hay, Alfalfa, ½ square bale

- 73. Hay, Grass, ½ square bale
- 74. Hay, Mixed, ½ square bale
- 75. Soybeans, 1 quart
- 76. Soybeans, display on vine
- 77. Tobacco, Burley, 1 stick of 5 stalks

## HONEY

## JUDGED ON / RULES: General Appearance & Color

- Shallow frame of comb honey, white
- Shallow frame of comb honey, amber 2.
- Deep frame of honey, white
- Deep frame of honey, amber 3.
- Container of extracted honey, white Container of extracted honey, amber
- Container of extracted honey, dark amber 6.
- Container of chunk honey, other color 7.
- Hard plastic 4" x 4" box of cut comb honey, white 8
- Hard plastic 4" x 4" box of cut comb honey, amber 9.
- 10. Beeswax, molded and dipped

## **MAPLE SYRUP**

JUDGED ON / RULES: Flavor, Odor, & Color (Entries must be submitted in 8-ounce clear glass jars.)

- Grade A Maple Syrup- Golden (delicate flavor) 1.
- Grade A Maple Syrup- Amber (rich flavor) 2.
- Grade A Maple Syrup- Dark (robust flavor) 3.
- Grade A Maple Syrup- Very Dark (strong flavor)
- Highest Brix (thickness) level of Maples Syrup not jelled or crystallized

## **CULINARY DEPARTMENT**

All Open Class General Exhibit Rules apply.

- No baked goods will be returned.
- Place all entries on paper plate and cover with clear plastic wrap.
- No Commercial Mixes.
- Entry must include the correct number of items or will be disqualified.
- "Decorated Cake" entries may be on cardboard, Styrofoam form, etc. and will only be judged on "decorating ability, design, color, style appropriateness.

## **CAKES**

## JUDGED ON:

For Layer Cakes: General Appearance, Texture, Crumb, & Flavor Frosting & Filling: Suitability, Flavor, & Consistency

- Angel Food Cake, no frosting (1/2 cake)
- Applesauce Cake, any frosting (1/2 cake) 3.
- Decorated Cake, Amateur (See rule 4. above)
- Decorated Cake, Professional (See rule 5. above)
- Chocolate Cake, frosted (1/2 cake)
- Devil's Food Cake, any frosting (1/2 cake) 7.
- German Chocolate Cake (1/2 cake)
- Jam Cake, Caramel Icing (1/2 cake) 9. Pound Cake, no frosting (1/2 cake) 10.
- Spice Cake, any frosting (1/2 cake)
- 12. White Layer Cake, frosted (1/2 cake)
- 13. Yellow Layer Cake, any frosting (1/2 cake)
- Cup Cakes, plate of 5
- Any Cake, other than listed above (1/2 15. cake)

## COOKIES

JUDGED ON: General Appearance, Uniformity of size, shape, and color, Flavor/Taste, Texture, & Crumb

- 16. Bar Cookies, plate of 6 17. Brownies, plate of 6
- 18. Chocolate Chip Cookies, plate of 6
- 19. Peanut Butter Cookies, plate of 6

## 20. Plain Sugar Cookies, plate of 6 21. Oatmeal Cookies, plate of 6

- 22. Any Cookie, other than listed above, plate of 6
- 23. Non-Baked Cookies, plate of 6

JUDGED ON: General Appearance, Color, Flavor, Texture, Consistency, & Grain

## **QUICK BREADS**

- 24. Biscuits, plate of 5
- 25. Coffee Cake, Quick, 1/2 loaf
- 26. Quick Fruit Bread, ½ loaf
- 27. Quick Bread, Any Flavor, 1/2 loaf
- 28. Corn Bread, Corn Sticks, or Corn Muffins, plate of 5
- 29. Muffins, Bran, plate of 5
- 30. Muffins, Fruit, plate of 5
- 31. Muffins, other than above, plate of 5

- 32. Sour Dough Bread, 1/2 loaf
- 33. Yeast Bread, White, 1/2 loaf
- Yeast Bread, Other, 1/2 loaf
- 35. Yeast Rolls, plate of 5
- 36. Yeast Coffee Cake, 1/2 loaf
- Yeast Sweet Rolls, plate of 5 37.
- 38. Donuts, plate of 5
- 39. Bread machine bread, white, ½ loaf
- 40. Bread machine bread, other than white, ½ loaf

## YEAST BREADS

CANDY

JUDGED ON: General Appearance, Consistency, Texture, & Flavor

- 41. Caramels, plate of 6 pieces
- 42. Chocolate Fudge, with nuts, plate of 6 pieces
- 43. Chocolate Fudge, without nuts, plate of 6 pieces
- 44. Peanut Butter Fudge, plate of 6 pieces

- 45. Cream Candy, plate of 6 pieces
- 46. Mints, any flavor, plate of 6 pieces
- 47. Peanut Brittle, plate of 6 pieces
- 48. Other candy, plate of 6 pieces

JUDGED ON / RULES: General Appearance, Flavor, Color, Tenderness/Flakiness of Crust, Texture, & Quality of Filling (No purchased crusts or filling. Disposable pie tin is allowed. No cream or custard pies for food safety precautions, rules, and regulations.)

- 49. Apple Pie
- 50. Cherry Pie
- 51. Berry Pie Fruit Pie, other
- 52. Nut Pie, any nut
- 53. Other Pies NO CREAM or CUSTARD PIES
- 54. Pie Filling- any fruit

## FOOD PRESERVATION DEPARTMENT

All Open Class General Exhibit Rules apply.

- All entries must be in Regulation Canning Jars.
- Fruits and vegetables in pint or quart jars.
- Pickles, relishes in ½ pint or pint jars.
- Jams, jellies, preserves in ½ pint jars.

- Jams, jellies- no paraffin allowed.
- Rusted Lids will NOT be accepted.
- Unsealed lids/products will NOT be accepted and will be disqualified.

\*ALL FOOD PRESERVATION ENTRIES MUST HAVE LABELS WITH NAME, FOOD, METHOD, AND DATE PROCESSED\*

\*\*labels will be provided at check in\*

## PICKLES/RELISH/SALSA

JUDGED ON: Product Color, Pack, General Appearance, Product Uniformity, & Product Quality

- **Beet Pickles** 1
- **Bread and Butter Pickles** Dill Pickles 3
- **Dilled Vegetables**
- 5 Mixed Sweet Pickles
- **Sweet Cucumber Pickles**

- 7 Vegetable Pickles Vegetable Relish 8.
- Green Tomato Relish 9 10. Tomato Relish
- 11. Pickle Relish
- 12. Chili Sauce

- 13. Salsa, tomato
- 14. Salsa, other
- 15. Chutney
- Mustard
- 17. Other pickle, relish, salsa product

## JAMS & JELLIES

JUDGED ON: Fill, Clearness, Consistency, & General Appearance

## **Butters**

- 18. Apple Butter
- 19. Fruit Butter, not listed
- **Preserves**
- 20. Peach Preserves
- Blackberry Preserves
- 22. Strawberry Preserves 23. Other Preserves, not listed

- **Jellies**
- 24. Grape Jelly 25. Apple Jelly
- 26. Blackberry Jelly
- 27. Jelly, not listed

- **Jams**
- 28. Blackberry Jam 29. Strawberry Jam
- 30. Raspberry Jam 31. Jam, not listed
- 32. Applesauce

## FRUITS/VEGETABLES

JUDGED ON: General Appearance, Product quality, Product pack, Product uniformity, & Color

35. Cherries 37. Pears Apples Berries 36. Peaches 38. Other Fruit

- 39. Beets 40. Carrots
- 41 Corn
- Green Beans

- 43 Lima Beans 44. Shellie Beans
- 45 Peas
- 46. Potatoes, any variety

- 47. Tomato Sauce
- Tomato Juice
- 49 Tomatoes, any variety
- Other Vegetable

## CRAFT DEPARTMENT

All Open Class General Exhibit Rules apply.

## CRAFTS JUDGED ON: Workmanship, General Appearance, Pattern & Harmony of Color

- Accessory, not sewn Artificial Floral Arrangement 2.
- 3. Artificial Arrangement, other than floral
- Basket plain 4.
- Basket, w/dyed material 5.
- 6. Basket, with handle
- Basket, without handle 7.
- Basket, Novelty 8.
- Basket, other material 9.
- Ceramics, stained 10.
- 11 Ceramics, glazed
- Cloth Painting, any medium 12.
- Copper or Tin Punch 13. Doll (other than crochet, 14.
- dressed, knit, or sewn; ex:

- mop doll)
- Embellished Clothing (on hanger)
- Grapevine Art, handmade 16.
- Holiday Decoration, Christmas 17.
- Holiday Decoration, Winter 18. Holiday Decoration, Spring 19.
- 20. Holiday Decoration, Summer
- Holiday Decoration, Fall 21. 22.
- Jewelry, handmade Model Craft 23.
- 24 Paper Twist Creation
- Photo Album, Embellished 25.
- Plastic Canvas 26.
- Recycled (from recycled 27 materials)

- 28. Stenciling
- 29. Woodcraft, hand made
- 30. Woodcraft, small, refinished
- Wall Hanging, other than 31. listed
- Wreath, holiday 32.
- Wreath, other 33.
- Centerpieces 34.
- Embellished T-Shirts and 35. Sweatshirts
- Painted T-Shirts and 36. Sweatshirts
- Historical Scrapbooking -37. Entry: one entire scrapbook or 2-3 scrapbook pages
- 38. People Scrapbooking Entry:

- one entire scrapbook or/2-3 scrapbook pages
- Scrapbooking Entry: one entire scrapbook or/2-3 scrapbook pages
- Scrapbooking family layout Scrapbooking, vacation 40.
- Scrapbooking, Other
- Decorated Item, kitchen
- 44. Decorated Item, bath
- Decorated item, living room 45.
- Stuffed toy
- Miscellaneous Craft 47.

## FLORAL DEPARTMENT

All Open Class General Exhibit Rules apply.

## JUDGED ON:

- Bloom Condition free from marks of insects, diseases, or other blemishes.
- Uniformity of size, shape, and color as to its variety.
- Specimens shall be exhibited in clear glass containers, such as soft drink bottles. The exhibitor must furnish the container.

## **POTTED PLANTS:**

- African Violet
- Animal Name Plant (Zebra, 2. Piggy Back, etc.)
- 3. Begonia

- Blooming Houseplant, other than violet or begonia
- Foliage Hanging Plant 6.
- 7. Flowering Hanging Plant
- 8. lvy
- Succulent, cactus
- Succulent other than cactus
- 11. Terrarium
- 12. Wandering Jew
- 13. Other plant

\*\*Entries in the following classes must be brought in bottle/vase\*\*

## Roses - Hybrid Teas (with bud permitted)

- 14. White, single specimen
- 15. Pink single specimen
- 16. Red, single specimen
- Yellow, single specimen 17.
- 18. Peace, single specimen
- 19. Best collection of 5 or more (not to exceed 10)

## Floribundas

- 20. Red, single specimen
- 21. Pink, single specimen
- Any other color, single specimen
- Floribundas, collection of 3

## Any other variety

- 24. Single specimen
- 25. Collection of 3

## Gladiolus

- 26. White, single specimen
- Blue or lavender, single specimen
- 28. Single specimen, any other color
- 29. Best collection of 3

## **Dahlias**

- Single specimen, decorative
- Single specimen, pom-pom

## Single specimen, cactus **Annuals and Perennials**

- Asters, 5 or more specimens
- Cockscomb or prince's feather, single specimen
- Gaillardias, 5 or more blooms 36. Hardy phlox, single

- specimen
- 37. Day lily, single stem
- Asiatic lily, single stem
- Tiger lily, single stem 39
- 40. Calla lily, single stem
- Lily other, single stem 42. Hydrangea, pink, single
- specimen Hydrangea, blue, single
- specimen Hydrangea, any other color,
- single specimen Marigolds, 3 or more stems, large flowering variety
- Marigolds, 3 or more stems, small flowering variety
- Nasturtiums, 5 or more, exhibitor's own bowl

- 48. Shasta daisies, 3 stems
- Petunias, 3 sprays, single 49.
- Petunias, 3 sprays, double Petunias, 3 sprays, ruffled 51.
- Snapdragons, 3 spikes
- 52. Zinnias, 3 large flowering 53.
- Zinnias, 3 fantasy Zinnias, 5 or more small
- variety Zinnias, collection of 5 or more different varieties
- 57 Other Flower
- **Buffet Arrangement**
- **Dried Flower Arrangement** 59.
- Rose Arrangement for Table

## TEXTILES DEPARTMENT

All Open Class General Exhibit Rules apply.

- If there is more than one article in any exhibit (2 piece garment, All entries must be clean. placemats, etc.), they should be securely fastened together. No unfinished articles allowed. Apparel should be on wire or padded hangers.
- TEXTILES JUDGED ON: Workmanship, General Appearance, Pattern & Harmony of Color, & Fabric/finishing selection
- Accessory, Sewn
- 2. Garment, Sewn and Appliqued
- Casual Wear, Sewn
- Children's Wear (3 yrs. & older) Sewn
- Dress, Sewn
- 6 **Smocked Garment**
- 7. **Tailored Wear** 8.
- Costume, Sewn Afghan or blanket, Baby, knitted or crochet
- 10. Afghan, crochet 11 Afghan, knitted
  - 12. Bedspreads, handmade
- 13. Counted Cross Stitch on
- garment 14. Crocheted Accessory
- 15. Crocheted Garment 16. Crocheted Other
- 17. Cross Stitch, counted 18. Cross Stitch, printed design
- 19. Dolls, crochet
- 20. Dolls, dressed

- 21. Dolls, knitted
- 22. Dolls, sewn
- 23. Embroidery, crewel
- 24. Embroidery, crewel framed
- 25. Embroidery, floss
- 26. Embroidery, floss, framed
- 27. Embroidery, floss, redwork
- 28. Embroidery, floss, candlewicked
- 29. Embroidery, silk ribbon
- 30. Embroidery, silk ribbon framed
- 31. House Decoration, Counted Cross Stitch
- 32. House Decoration, crochet
- 33. House Decoration, sewn
- 34. Infant Wear (2 yrs. & under), appliqued
- 35. Infant Wear (2 yrs. & under),

- crochet
- Infant Wear (2 yrs. & under), knitted
- Infant Wear (2 yrs. & under), sewn
- 38. Knitted Scarf
- 39. Knitted Garment
- 40. Knitted Accessory not listed Other Knitted Item
- 41. Needlepoint, canvas
- 42. Pillow, with cording
- 43. Pillow, without cording
- 44. Polar Fleece Throw, Blanket sewn
- 45. Polar Fleece Throw, Blanket non-sewn
- 46. Quilt, patchwork
- 47. Quilt, appliqued

- 48. Quilt, Appliqued, machine
- 49. Quilt, embroidered
- 50. Quilt, embroidered, machine
- 51. Quilt, hand pieced, hand guilted
- 52. Quilt, hand pieced, machine quilted
- 53. Quilt, machine pieced and quilted
- 54. Baby quilt, hand pieced, hand quilted
- 55. Baby Quilt, hand pieced, machine quilted
- 56. Baby Quilt, machined pieced and guilted
- 57. Quilted Item Table runner
- 58. Quilted Item Wall hanging
- 59. Quilted Item Other
- - 67. Tablecloth/Placemat, counted cross

60. Recycled Textile Item

Recycled Other

Rugs, Rag

Rugs, other

appliqued

embroidered

Rugs, Latch Hook

Tablecloth/Placemat,

Tablecloth/Placemat,

- 68. Tablecloth/Placemat, crochet
- 69. Tatting

63.

64

65.

66.

- 70. Toys, crochet
- 71. Toys, knitted
- 72. Toys, sewn
  - Sweatshirt or Sweatpants with sewn decoration

## **ANTIQUES**

All Open Class General Exhibit Rules apply.

RULES: Antiques must be 100 years or older.

ANTIQUES JUDGED ON: Age, Rarity, & Condition

- Oldest dated Bible (must contain both Old and New Testament and have original copyright date)
- Kentucky Letter or Document
- Letter or Document other than Kentucky
- 4. Postcard Kentucky Scene, Building or Event
- 5. Black History Memorabilia
- 6. Knife or Sword
- 7. Military Relic (other than Firearm, Knife or Sword)
- 8. KY Veteran's Memorabilia
- 9. Civil War Item
- 10. Fishing Item
- 11. Sports Item

- 12. Medical Item
- Advertising Item (Other than product container – may not exceed 12" x 12"
- 14. Pin Backs and Award Medals
- 15. Political Campaign Item
- 16. Any article made of metal
- 17. Transfer Printed or Hand Painted China
- 18. Small tool
- 19. Bank (still or mechanical)
- Doll (not to exceed 18" size limitations both vertically or horizontally if can be displayed sitting)
- 21. Child's toy
- 22. Cultural Celebration Item

- (i.e. Christmas, Halloween, Hanukah, etc.)
- Miniature tintype, daguerreotype or photograph, including one or two subjects only
- 24. Photograph of a group of 3 or more subjects (size not to exceed 12" in length, or width including frame)
- Photograph of a building or event (size not to exceed 12" in length, or width including frame)
- Piece of clothing (excluding jewelry and clothing accessory)
- 27. Clothing accessory

- (excluding jewelry) (i.e. hat, gloves, scarf, shoes)
- 28. Railroad memorabilia
- 29. Earthenware Piece
- 30. Antique article made of wood
- 31. Cut Glass piece
  - 32. Pressed glass piece
- 33. Carnival glass piece
- 34. Art glass piece
- 35. Milk Glass
- 36. Glass, not listed
- 37. Pottery, any article
- 38. Porcelain, any article
- 39. Any article not mentioned above (items that do NOT have a class listed above)