



March 2025



Cooperative Extension Service

Gallatin County
395 US Highway 42 West
PO Box 805
Warsaw, KY 41095-0805
(859) 567-5481
Fax: (859) 567-5432
Gallatin.ca.uky.edu

4-H Clover Chatter
Gallatin County

Agriculture: Together, We Grow

Communities across Kentucky and beyond are gearing up to celebrate National Ag Week, March 17-21. As part of the weeklong celebration, we are encouraging everyone to recognize and support agriculture's vital role in fueling our everyday lives.

Here are several ways to help spread the word and help youth share in the celebration:

Thank a farmer and anyone that contributes to agriculture. Reach out to farmers and anyone you know in your community who impacts this vibrant industry.

Prepare a farm-to-table feast. Serve your family a meal that highlights the quality and abundance of locally grown and raised agriculture products in Kentucky.

Join the Gallatin County 4-H Livestock Club - See the attached calendar for dates and times.

Lora Stewart (handwritten signature)

Lora Stewart
Co. Extension Agent for 4-H Youth Development



2025 Spring Break Project Days

April 8th & April 10th

10am-2pm

Lunch will NOT be provided

Gallatin County Extension Office
395 US Hwy 42 W, Warsaw, KY

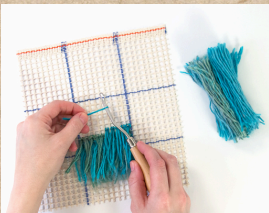
Projects include:

April 8th

Latch Hook
Chicken Scratch

April 10th

Tissue Holder
Sew your own Tote



MUST call to register at (859) 567-5481

Cooperative Extension Service

Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, physical or mental disability or reprisal or retaliation for prior civil rights activity. Reasonable accommodation of disability may be available with prior notice. Program information may be made available in languages other than English. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating. Lexington, KY 40506



Disabilities accommodated with prior notification.



Cooperative Extension Service

4-H Youth Development  
Gallatin County  
395 US Highway 42 West  
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(859) 567-5481  
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# Gallatin County 4-H Afterschool Clubs MARCH 2025

## Exploring 4-H

3rd & 4th

March 25, 2025

2:40pm-3:45pm

MUST register through the Family Resource Center Newsletter

\*Permission Slip required\*

## Cloverbuds

K-2nd

March 19, 2025

2:40pm-3:45pm

MUST register through the Family Resource Center Newsletter

\*Permission Slip required\*

## 4-H Art Club

5th - 8th

March 26, 2025

2:40pm-4:00pm

MUST register through the Family Resource Center or Youth Service Center

\*Permission Slip required\*

# SPACE IS LIMITED

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**DISCOVER  
THE WORLD**

**KENTUCKY 4-H PASSPORT KITCHEN**



**Cooperative  
Extension Service**



**CHINA**



**BRAZIL**



**GERMANY**



**JAPAN**



**IRELAND**



**MEXICO**



**India**



**POLAND**

**AND MORE!**

**This project is an individual, self-paced, at-home project!**

**Send pictures when each country is complete to receive the next country booklet!  
After each complete BOARDING PASS you will receive a prize as well as a prize for  
your complete PASSPORT!**

**To learn more, call the Gallatin County Extension Office at (859) 567-5481.**

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# SQUISHMALLOW PAINT PARTY

April 7th  
10am-NOON

**MUST** call to register  
at (859) 567-5481



## Broccoli Potato Soup

### Ingredients:

- 4 cups chopped broccoli, may use frozen
- 1 small chopped onion
- 4 cups low sodium chicken or vegetable broth
- 1 cup evaporated nonfat milk
- 1 ½ cups instant mashed potatoes, prepared with water
- Salt and pepper to taste
- ¼ cup cheese, shredded cheddar or American

### Directions:

1. Mix broccoli, onion, and broth in large sauce pan.
2. Bring to a boil.
3. Lower heat. Cover and simmer about 10 minutes or until vegetables are tender.
4. Add milk to soup. Slowly stir in potatoes.
5. Cook and stir until bubbly and thickened.

### Make it a Meal

Broccoli Potato Soup  
Grilled cheese sandwich  
Grapes  
Low-fat milk

### Tips

1. Can make ahead and freeze into single servings.
2. Broccoli makes this dish a great source of vitamins A and C.
3. Eat more vegetables, fruits, whole grains, and fat-free or 1% milk and dairy products. Make them the basis for meals and snacks.

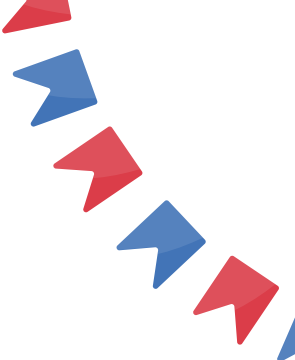
**Nutrition Facts Per Serving:** 200 calories; 6 g total fat; 2 g saturated fat; 0 g trans fat; 10 mg cholesterol; 350 mg sodium; 25 g total carbohydrate; 2 g fiber; 15 g protein; 15% Daily Value of vitamin A; 110% Daily Value of vitamin C; 30% Daily Value of calcium; 8% Daily Value of iron

planeatmove.com





# Prepare for the Fair Summer Day Camp



## SAVE THE DATE

**STARTING MAY 27TH - JUNE 6TH**

**\*dates TBA\***

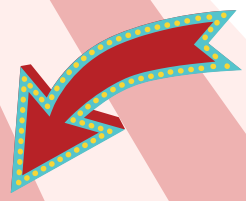
**10AM-2PM**

**Gallatin County Extension Office**

**LUNCH NOT PROVIDED**

**MORE DETAILS TO COME**

**\*MUST call to register\***



### Projects include:

- |                          |                              |
|--------------------------|------------------------------|
| <b>Wire Sculptures</b>   | <b>Sand Painting</b>         |
| <b>Photography</b>       | <b>Clay</b>                  |
| <b>Recycled Projects</b> | <b>Circular Shape Object</b> |
| <b>Textured Collages</b> | <b>Memory Boards</b>         |
| <b>Gel Printing</b>      | <b>5 Color Design</b>        |

**All projects can be entered in the County Fair on Wednesday,  
June 11, 2025 from 9am-Noon  
at the Glencoe Exhibit Building**

# Aloha

Gallatin County

**JUNE 30TH – JULY 3RD**  
2025

**UK** Cooperative Extension Service

**COST**  
**\$175**

# 4H SUMMER CAMP



To register, **MUST** have **COMPLETED** Application turned in to the Extension Office.

1st Deposit  
\$50 due  
March 28th

2nd Deposit  
\$50 due  
April 28th

Remaining  
FULL Payment  
due  
May 30th

**BATH • BOYD • CARROLL • CARTER • GALLATIN • GREENUP COUNTIES**

\*Applications can be found on our website at [Gallatin.ca.uky.edu](http://Gallatin.ca.uky.edu) or at the Gallatin County Extension Office  
395 US Highway 42 West  
Warsaw, KY 41095

**CAMPERS AGES 9+**

**\*\* ADULT COUNSELORS NEEDED \*\***

**FOR QUESTIONS OR TO REGISTER, CALL (859) 567-5481.**

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# GALLATIN COUNTY 4-H

## COMMUNICATIONS CONTEST

SPEECHES & DEMONSTRATIONS

\*For more information,  
call (859) 567-5481 or  
visit our website at  
[gallatin.ca.uky.edu/4h-youth-development](http://gallatin.ca.uky.edu/4h-youth-development)

TUESDAY, MARCH 25, 2025

6 PM GALLATIN COUNTY  
EXTENSION OFFICE

SNOW DATE APRIL 1, 2025

CALL (859) 567-5481 TO REGISTER BY  
FRIDAY, MARCH 21, 2025

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# Gallatin County Extension Art Gallery

 Cooperative Extension Service

The Gallatin County Extension Art Gallery is back with another project!

Each month, you can pick up a new kit.  
(First come, first serve – kits are limited).

\*Directions provided in each kit. Additional supplies may be required on your own.\*

## March 2025 Project Gnomes



OR



Pick up your March project kits at  
**Gallatin County Extension Office**  
**395 U.S. Hwy 42 West, Warsaw, KY 41095**

Deadline to return for judging is  
**Friday, March 7, 2025 by NOON**

to the Gallatin County Extension Office.  
Judging will be completed by March 21, 2025.

Make sure your name (first and last), phone number, & age division are marked on the back of your canvas.

Age Divisions:

- Clover (ages 5-8)
- Junior (ages 9-13)
- Senior (ages 14-18)
- Adult (19 and up)

There will be age-appropriate prizes for all four age divisions.

April 2025 Project  
**SPRING SCENE**

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Lexington, KY 40506



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**March 2025**

# Gallatin County 4-H Clubs

**CALL TO REGISTER AT (859) 567-5481**



**Clovermall Club**

**Tuesday, March 11th**

**4:00PM**

**Livestock Club**

**Thursday, March 13th**

**6:00PM-7:00PM**

**Homeschool Club**

**Tuesday, March 11th**

**9:00AM-Noon**

**Art Club**

**Wednesday, March 19th**

**10:00AM**

**Woodworking Club**

**Thursdays, March 6th & March 20th**

**5:00PM**

**Sewing Club**

**Thursday, March 20th**

**5:00PM**

**Communications Contest**

**March 25th**

**6:00PM**



For speech & demonstration categories, visit the website:

<https://tinyurl.com/20254HCommunicationsContest>

LOCATION: GALLATIN COUNTY EXTENSION OFFICE

395 US HWY 42 WEST, WARSAW, KY 41095